



SCOR GUIDE

"We have a proven
plan that we want you
to understand."

DEDICATED TOWARDS DEVELOPING TODAY'S SOCCER PLAYERS FOR TOMORROW'S GAME.



Welcome to ...

... to the Soccer Club of Ridgefield. Whether your child(ren) are new to the game or new to the town, we are excited about the overall program we have to offer them.

Our Club plays in the South West District and is governed by the Connecticut Junior Soccer Association (CJSA). We are proud of our rich history and in constant transition, always keeping the players' needs and demands as our #1 priority.

Our primary objective is to guide our players from an interested state to an excited and hopefully a passionate state of mind so that they can have and take advantage of the opportunities towards becoming the best they can be.

This document is meant to give you an outline and direction to a number of topics we have documented on the website (www.teamexcelsoccer.com) that we'd like you to be familiar with. We are confident that the Soccer Club of Ridgefield, Team Excel Soccer and its independent coaching staff members, will provide our players with a healthy, fun, exciting and competitive experience.

Your understanding of what we are trying to achieve is important so that you can be a support role with a consistent message to our players.

Most of the program descriptions are presented via sequential slide presentations. I have provided the links below for your convenience. Your feedback would be much appreciated as we look to continuously improve our communication.

Thank you for entrusting your kids with SCOR.



Phil Bergen
Director of Coaching
SCOR



LINKS TO PROGRAM INFORMATION

We hope the content relative to the coaching philosophy & methodology, technical, physical and emotional components for player development are presented in a helpful way and understood.

It is so important that players, coaches, parents, administrators, are all on the same page so that our players have the positive experience they deserve to have and able to progress faster.

I can't emphasize enough the importance of 3 words "PLAY, LEARN, SUCCEED". In that order we want to influence and lead our players towards enjoyment of play, good skills, insight, fitness and winning when it really counts.

'PROOF IN THE PUDDING'

This clip will give you an overview on expectations, Tactics & Player Development Paths.

<https://www.teamexcelsoccer.com/for-scor-members.html>

OUR PROGRAM IN A NUT SHELL

We have much to offer to accomodate every players needs and various paths to take.

https://www.teamexcelsoccer.com/uploads/6/6/2/4/6624523/tes_big6_final.m4v

PLAYERS DEVELOPMENT PATH

Specific programs that will without doubt have a positive impact.

https://www.teamexcelsoccer.com/uploads/6/6/2/4/6624523/2_programs_pt2.m4v

PLAY MORE SOCCER VS PREMIER (PHILOSOPHY)

Meaningful touches under competitive pressure is what will make a better player.

<https://www.teamexcelsoccer.com/for-scor-members.html>



SELF-INITIATIVE PROGRAM

Introduction to the SideKick Ball Mastery Program at

<https://www.teamexcelsoccer.com/sko-intro-clip.html>

Parent Coach information

House and Academy 9

<https://www.teamexcelsoccer.com/tes-documents-parents.html>

Program Academy 9 Parents Detailed information

A transitional program that prepares players for Travel and/or Premier.

<https://www.teamexcelsoccer.com/tes-documents-parents.html>

MEET THE PRO COACHING STAFF ...

Their detailed resumes are accessible for your review.

online at <https://www.teamexcelsoccer.com/for-pro-coaches.html>

TEACHING PLAYERS TO MAKE GOOD DECISIONS ON THE FIELD.

Club Tactics and Philosophy explained on a pdf file.

https://www.teamexcelsoccer.com/uploads/6/6/2/4/6624523/club_tactics.pdf

SCOR OFFICIAL WARM-UP

FIFA developed and endorsed as a very good preventative and strengthening warm-up.

https://www.teamexcelsoccer.com/uploads/6/6/2/4/6624523/fifa11_2.m4v